

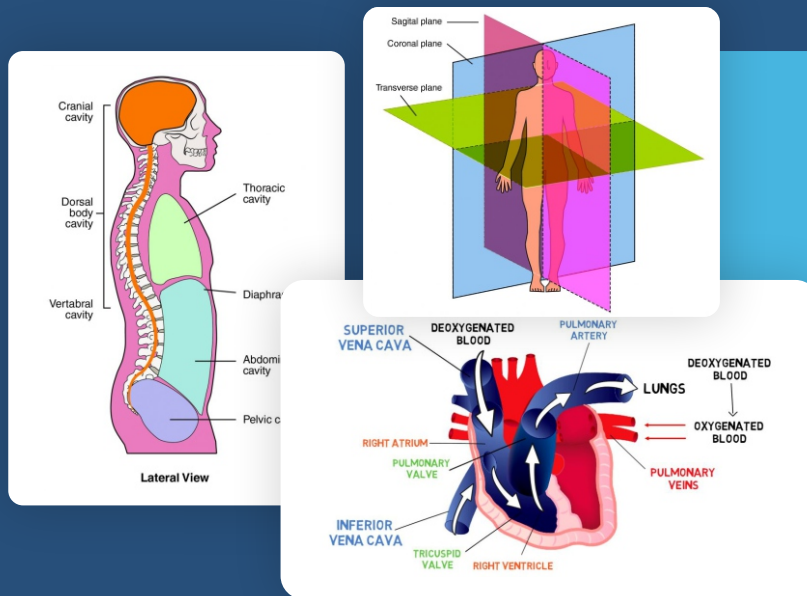
Smart Edition

Nursing

TEAS 7

Science Study Planner

Boost your TEAS 7 Score!



Use this planner to cover each topic you'll see on the TEAS 7

If you take this test within a month, you have time to cross off one study session daily.

If you take this test within two months, we recommend doing each study session at least twice and reviewing the sessions you score the lowest on in-practice tests at least three times.

BONUS TIP

Download the Smart Edition Nursing app and log in with your course username and password. Study a session, then answer at least 3 practice questions on that topic using the app either the next morning or later the same night.

For example, if you study at 8 pm on Friday, answer 3 practice questions on Saturday morning. If you study at 10 am on Saturday, answer 3 practice questions at 8 pm that night. This will help with retention!

SmartEditionAcademy.com

Time To Study

What To Review

Completed On

90 minutes

Practice Test

Take TEAS 7 Science Practice Test #1

- Answer all the questions that you can within the time limit
- Review your diagnostic report at the end of the exam
- Take notes of your score and the 5 lowest topics you scored.
 - Find those 5 topics on this planner and make sure you highlight them as a "must study" at least 3x before your exam.
- Watch the video explanation corresponding to each question you got incorrect and take notes.

90 minutes

Scientific ReasoningReview the **Scientific Method & Designing an Experiment** Lesson

- Answer 10 Questions from the Question Bank
- Watch each video that corresponds with each practice question

Review the **Scientific Measurements** Lesson

- Answer 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

TIP

8 of the questions on the TEAS 7 exam are going to be on Scientific Reasoning! Getting these questions right will give you a strong boost!

45 minutes

Anatomy & PhysiologyReview the **Cardiovascular** Lesson

- Answer 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

45 minutes

Anatomy & PhysiologyReview the **Organization of Human Body** Lesson

- Answer 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

80 minutes

BiologyReview the **Macromolecules** Lesson

- Answer 10 Questions from the Question Bank
- Watch each video that corresponds with each practice question

Review the **Genetics and DNA** Lesson

- Genetics and DNA are linked to what you'll learn about nucleic acids within the macromolecules lesson, so it makes sense to study these together
- Answer 10 Questions from the Question Bank
- Watch each video that corresponds with each practice question and take notes!

TIP

You want to ensure you have a solid grasp of macromolecules because this topic can appear 2x on your exam. Once within your 8 biology questions and again within your 18 A&P questions if you're presented with questions on digestion.

Time To Study

What To Review

Completed On

60 minutes

ChemistryReview the **Properties of Matter** Lesson

- Answer 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

Review the **States of Matter** Lesson

- Answer 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

80 minutes

A&PReview the **Skeletal System** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

Review the **Muscular System** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

A&PReview the **Integumentary System** Lesson

- Answer 6 Questions from the Question Bank
- Watch each video that corresponds with each practice question

Review the **Muscular System** Lesson

- Review all of your handwritten notes from incorrect practice questions and flashcards from the science section to date.

85 minutes

Practice Test

Take Science Practice Test #2

- Review your diagnostic report at the end of the exam
- Take notes of how your score has improved and what topics you saw improvements in.
- It's important to celebrate this improvement! You're doing it and it's paying off!
- Take notes of your score and the 3 lowest topics you scored.
 - Find those 3 topics on this planner and highlight them as a "must study".
 - Fill in the blank on the final pages of this planner
- Watch the video explanation corresponding to each question you got incorrect and take notes.

60 minutes

ChemistryReview the **Acids and Bases** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

ChemistryReview the **Chemical Bonds** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

Time To Study

What To Review

Completed On

60 minutes

BiologyReview the **Cell Structure, Function, & Type** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

BiologyReview the **Microorganisms** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

Anatomy and PhysiologyReview the **Respiratory System** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

Anatomy and PhysiologyReview the **Gastrointestinal System** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

Anatomy and PhysiologyReview the **Urinary System** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

Review

- Review your handwritten notes from incorrect practice questions and flashcards from the science section to date.

70 minutes

ChemistryReview the **Chemical Solutions** Lesson

- Answer 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

BiologyReview the **Cellular Respiration** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

100 minutes

Anatomy and PhysiologyReview the **Reproductive System** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

Review

- Review your handwritten notes from incorrect practice questions and flashcards from the science section to date.

Time To Study

What To Review

Completed On

85 minutes

Practice Test

Take Science Practice Test #3

- Review your diagnostic report at the end of the exam
- Take notes of how your score has improved and what topics you saw improvements in.
 - You're doing amazing, and you should be proud of yourself!
- Take notes of your score and the 3 lowest topics you scored.
 - Find those 3 topics on this planner and highlight them as a "must study."
 - Fill in the blank on the final pages of this planner
- Watch the video explanation corresponding to each question you got incorrect and take notes.

60 minutes

Anatomy and PhysiologyReview the **Lymphatic System** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

Anatomy and PhysiologyReview the **Nervous System** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

Anatomy and PhysiologyReview the **Endocrine System** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

Scientific ReasoningReview the **Scientific Method & Designing an Experiment** Lesson

- Answer 10 Questions from the Question Bank
- Watch each video that corresponds with each practice question

Review the **Scientific Measurements** Lesson

- Answer 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

TIP

Reminder! 8 of the questions on the TEAS 7 exam will be on Scientific Reasoning! Getting these questions right will give you a strong boost!

80 minutes

BiologyReview the **Macromolecules** Lesson

- Answer 10 Questions from the Question Bank
- Watch each video that corresponds with each practice question

Review the **Genetics and DNA** Lesson

- Genetics and DNA are linked to what you'll learn about nucleic acids within the macromolecules lesson, so it makes sense to study these together
- Answer 10 Questions from the Question Bank
- Watch each video that corresponds with each practice question and take notes!

Time To Study

What To Review

Completed On

80 minutes

Anatomy and PhysiologyReview the **Endocrine** Lesson

- Answer 5 Questions from the Question Bank
- Watch each video that corresponds with each practice question
- Review the **Cardiovascular** Lesson
- Answer 5 Questions from the Question Bank
- Watch each video that corresponds with each practice question

85 minutes

Practice Test

Take Science Practice Test #4

- Review your diagnostic report at the end of the exam
- Take notes of how your score has improved and what topics you saw improvements in.
 - You're doing amazing, and you should be proud of yourself!
- Take notes of your score and the 3 lowest topics you scored.
 - Find those 3 topics on this planner and highlight them as a "must study."
 - Fill in the blank on the final pages of this planner
- Watch the video explanation corresponding to each question you got incorrect and take notes.

60 minutes

ChemistryReview the **Chemical Bonds** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

ChemistryReview the **Acids and Bases** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

60 minutes

ChemistryReview the **Chemical Solutions** Lesson

- Answer 7 Questions from the Question Bank
- Watch each video that corresponds with each practice question

REMINDER

Reminder! Answer 4-5 questions right after study session and then answer 3-4 practice questions on the same topic using the mobile app the next morning or later on in the same day for better retention. Always be taking notes on what you're getting wrong!

Time To Study

What To Review

Completed On

75 minutes

Review Biology

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

75 minutes

Review Chemistry

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

75 minutes

Review Anatomy and Physiology

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

75 minutes

Review Biology

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

75 minutes

Review Chemistry

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

75 minutes

Review Anatomy and Physiology

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

75 minutes

Review Biology

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

75 minutes

Review Chemistry

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

Smart Edition

Nursing

Time To Study

What To Review

Completed On

75 minutes

Review Anatomy and Physiology

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

75 minutes

Review Biology

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

75 minutes

Review Chemistry

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question

75 minutes

Review Anatomy and Physiology

- Review the _____ Lesson
- Answer an additional 8 Questions from the Question Bank
- Watch each video that corresponds with each practice question